



Get Healthy @ Your Library

AGING IN PLACE: KEEPING YOUR HOME AND YOURSELF SAFE

Simple, cost-effective ways to prevent falls and make your home more senior-friendly will be described by Tim Lynds of Rebuilding Together Silicon Valley. The nonprofit agency provides free and low cost renovation and modification services for disabled and senior homeowners. Mark Biehl of North Coast Medical will talk next about unique devices to make daily household activities easier. Hazel Simin, an occupational & physical therapist with the firm, can talk individually with you about your home safety and personal activity concerns after the joint presentation.

WEDNESDAY, JUNE 24

10:30 am - noon

Morgan Hill Library
660 West Main Avenue
Morgan Hill, CA 95037
408.779.3196



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